

# **January Newsletter**

Please enjoy our first newsletter of the year! There is a lot happening in February and March so be sure to read it all!

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# February 2<sup>nd</sup> is Groundhog Day

Thousands of years ago, people in Europe, (Germany) believed that the badger could predict when spring would come. This tradition continued to today but it is a groundhog, not a badger, that predicts spring. On February 2<sup>nd</sup>, if the groundhog sees its shadow when it comes out of its' burrow, then there will be 6 more weeks of winter. If it does not see its shadow, then spring is

coming. Many Canadians mark Groundhog Day by going to festivals. One festival is in Wiarton, Ontario. The town's groundhog is named Wiarton Willie and many fans and reporters will visit to see Willie's prediction.





# **Valentine's Day**



In Canada, Valentine's Day is celebrated on February 14<sup>th</sup>. On this day people give chocolates, flowers, or cards to people that they love. It is customary for a husband to give his wife flowers or chocolates on this day. Many couples also go out for dinner on this day.

Young school children will give little valentine cards to their classmates and teachers. Sometimes they give candy with these cards. Often the child's class will

have a party to celebrate. As

well, some people may wear red, white or pink clothing.



The week before Valentine's Day, children may decorate their classrooms. Your child may come home with a list of names of the children in their class. It is suitable to give a valentine to each of these students.

カナダにはホワイトデーがありません。すべて のロマンスは、2月14日に両方の性で表 現される。

# It's Not Too Late To Get the Flu Shot

This year, there is an increase of flu in Canada. Influenza affects people of all ages. Children under 5 and adults 20 to 64 years old are most at risk. Some children under five are at risk of hospitalization. There has even been some deaths in adults and the elderly.

今年は、カナダでのインフルエンザの増加がある。インフルエンザは、すべての年齢層の人々に影響を与えます。5歳未満の子供と20から64歳の大人が危険にさらされて最もです。5歳未満のいくつかの子供たちは、入院の危険にさらされている。大人でも、高齢者の一部の人の死亡があった。

The flu vaccine is safe and the best way to keep you and the people around you healthy during the flu season.

インフルエンザ痘苗は、安全でインフルエンザのシーズン中に健康的なあなたとあなたの周りの人々を維持するための最良の方法です。

The flu vaccine is free and available at doctors' offices. It is also available for people 5 and older through specially trained pharmacists at close to 2,000 pharmacies across Ontario. インフルエンザ痘苗は、医院で無料提れています。これは、5歳以上、オンタリオ州全体で約2,000の薬局でも特別な訓練を受けた薬剤師を通じて人々のために提供されています。

For more information, or to find where to get the vaccination, go to: 詳細については、または痘苗を得るためにどこで、見つけるためには、に行く:

www.ontario.ca/flu.



#### **PLACES TO VISIT**

- ✓ The ROM www.rom.on.ca
- ✓ Casa Loma <u>www.casaloma.org</u>
- ✓ The Toronto Zoo www.torontozoo.com
- ✓ Ontario Science Centre <u>http://www.ontariosciencecentre</u> <u>.ca/</u>

#### OTHER PLACES WITH MARCH BREAK CAMPS

- ✓ Sportplay www.sportplay.ca/home
- ✓ Harbourfront Centre <u>www.harbourfrontcentre.com/wi</u> <u>nter/</u>
- ✓ City of Markham

http://www.markham.ca/wps/wc m/connect/markhampublic/0008 1807-50d1-46b4-8886c2c3db6768a5/spring+-+March+Break+programs.pdf? MOD=AJPERES&CACHEID=0 0081807-50d1-46b4-8886c2c3db6768a5

✓ City of Toronto

http://www1.toronto.ca/staticf iles/city\_of\_toronto/parks\_for estry\_recreation/toronto\_fu n/files/pdf/NY\_F13W14\_Camp s.pdf

City of Mississauga

https://www1.city.mississauq a.on.ca/connect2rec/Activitie s/ActivitiesAdvSearch.asp Scroll down to "Keyword Search" and enter March Break

## OTHER DATES TO NOTE

<u>March 9<sup>th</sup> – Clocks</u> "Spring Forward" for Daylight Savings Time

March 20<sup>th</sup> -- First Day of Spring

# March Break is Coming...Are You Ready?

March Break is from March 10 to14th. As well, most schools have a PA Day on Friday March 7<sup>th</sup>. Schools will be closed during this period. Many families use this time to take a holiday. Perhaps you are thinking about a vacation?

If you are looking for something to do that is closer to home, there are some suggestions to the Sometimes parents will enroll their child in a March Break Day Camp, especially if the parents are not able to take time off of work.

http://www.jtb.ca/JWeb/index .aspx

# St. Patrick's Day

March 17<sup>th</sup> is St. Patrick's Day. The day marks the death of St. Patrick. He was a missionary in Ireland who died on March 17<sup>th</sup> in the 5<sup>th</sup> century. He brought Christianity to Ireland. Today March 17<sup>th</sup> is an opportunity to celebrate Irish culture. Shamrocks and the

colour green are symbols of this day.

Parades are held in some Canadian cities. Many Canadians mark the day by attending a parade, or going out with friends to a pub, (bar), and drinking green beer.



### **FAMILY DAY**

Monday February 17<sup>th</sup> is Family Day. We celebrate the importance of Families and Family Life. Schools and many businesses will be closed on this day. Many communities have fun activities for families to enjoy on this day. Check to see what is happening in your community and have FUN!

### 家族の日の楽しみの活動のため にここに確認してください。

http://mississaugakids.com/family-day-2014-mississauga/

http://www.markham.ca/wps/portal/Markham/RecreationCulture/VarleyArtGallery/lut/p/a1/ic5BDsIgFATQs3qCplLabik1FNqGYEQrG8PKKGh1YTy 2Li1-nc.eZMZ4sII BSe8Rwe8TaFy v3xUkrilx30NVmy8AN3dUN12sImsAxASF5m5c9ACcbqNLWzqwdhSr-y-PLcfzKH4ifSW6kEP2-stbK1KtaztRAIVi2AUsTZTCw4X51I6JavQA9ivG7/dl5/d5/L2dBISEvZ0FBIS9nQSEh/

<u>http://toronto.about.com/od/eventsattractions/p/aboutfamilyday.htm</u>

<u>http://www.town.aurora.on.ca/aurora/s</u> <u>pecialevents</u>



As always, if anyone you know could benefit from English lessons, please feel free to invite them to watch one of your lessons. If they sign up for lessons, you will receive a 25% discount off of one month of your English Matters lessons!

いつものように、英語のレッスンから寄与できることを知っている誰がある場合お気軽あなたのレッスンの 1 つに見学を招待します。レッスンにサインアップする場合はあなたのEnglish Mattersレッスンの 1 ヶ月の 25% の割引 が届きます!