

September/October 2014 Newsletter

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APPLE FARMS IN THE TORONTO AREA

Chudleighs

8501 Chudleigh Way Milton, Ontario www.chudleighs.com

Orchalaw Farms 9726 Heritage Road **Brampton**, Ontario www.orchalawfarms.com

Organics Family Farm

7550 19th Ave. Markham, Ontario www.organicsfarm.ca

Brooks Farms

122-141 Ashworth Road Mount Albert, Ontario www.brooksfarms.com

The 'loonie' is the common name for the \$1 coin because it has a Loon on one side. The \$2 coin is nicknamed the 'toonie'. This name is a mix of 'two' and 'loonie' because the \$2 coin is equal to two 'loonies'.



The first day of school

2014/2015

Tuesday, September 2, 2014

The Toronto District

- School Board
- The York Region District School Board
- The Peel District School Board

LET'S GO APPLE PICKING!

As Fall approaches, a fun activity for the whole family is to go apple picking. There are many orchards and farms in the Toronto Area. Some of the farms and their websites are listed on the left. You can pick apples from the end of August to the middle of October. These farms have lots of other fun activities available, too, like hay rides, petting zoos and crafts!



DID YOU KNOW?...

Level 1 (Beginner)

The Bird of Ontario is the Loon. They are black and white. You can hear Loons in cottage country.

Hear a Loon:

http://en.wikipedia.org/wiki/File:Loons.ogg

TERRY FOX RUN SEPTEMBER 14, 2014

Inspired By A Dream, Grounded In Tradition, Volunteer-Driven.

No entry fee. No minimum donation.



A True Hero

You can run, walk, cycle or roller blade for Terry!

In September, you will hear a lot about the Terry Fox Run in the media and from your child's school. The Terry Fox Run began in 1981. It is a non-competitive charity run that raises money for Cancer Research. It is held every year on the second Sunday in September. Many schools also have runs in September.

So, who was Terry Fox?

Terry Fox was born in Winnipeg, Manitoba. He was an active teenager involved in many sports. When he was only 18 years old, he got bone cancer and had his right leg amputated above the knee.

While in hospital, Terry was upset by the suffering of other children with cancer. He decided to run across Canada to raise money for cancer research in a Marathon of Hope. His goal was to raise \$1 for every Canadian.

Terry started his run in St. John's, Newfoundland on April 12, 1980. He ran about 42 km a day. At first, not many people knew about him but soon, more people paid attention. But sadly, on September 1st, after 143 days and 5,373 km, Terry had to stop running because of more cancer. It was in his lungs. The news shocked and saddened all of Canada. Terry passed away on June 28, 1981. He was only 22 years old.

You can bring your family and experience true Canadian culture by joining the Terry Fox Run

Over \$650 million has been raised worldwide for cancer research through the Terry Fox Run, even in Japan. There will be a run near your home on the morning of Sept. 14, 8:30 - 11:00 (usually). Most locations have other family activities, like face painting and music, too!

For information to have your family join, visit: www.terryfox.org

Level 2 (Intermediate)

The Official Bird of Ontario is the Common Loon. It is a black and white speckled water bird and only ventures on land to build its nest. You can hear their call echo off the water in cottage country.

Level 3 (Advanced)

The Official Bird of Ontario is the Common Loon. This speckled sea-duck is an agile swimmer that catches fish under water, and ventures to shore merely to nest and incubate their eggs. The call of the Loon, and its' echo off lakes is associated with cottage country.



Fall Election in Ontario

In Ontario, on Monday October 27 2014, there will be a Municipal Election. This is when the citizens of Ontario, elect the Mayor and Council Members for their local government, and their School Board Trustees. This election takes place every four years. You will see many election signs, and election stories in the news as election day approaches.



a ride on Ontario's Steam Train. You will ride in restored 1920 train cars on a 100 year old line through the country. Travel as our ancestors did and learn about the history of the

www.steamtrain.ca/

FALL COLOURS IN ONTARIO

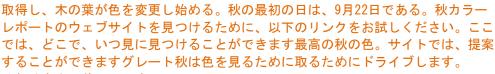
The Fall Season, (also called Autumn), in Ontario is unique. The days get shorter, and cooler, and the leaves on the trees start to change colour. The first day of Fall is September 22nd. Try the links below to find some *Fall Colour Report* websites.

Here, you can find out where and when to see the best Fall Colours. These sites can also suggest Great Fall Drives to take to see the colours.

It truly is beautiful!

Translation per Google Translate:

オンタリオ州 (また秋呼ばれる) 秋のシーズン には、固有のものである。日が短く、クーラー



それは本当に美しいです! www.parkreports.com/fall/ http://www.ontariotravel.jp/maple/index.html



railways. All the information is available at:

Watch Canada Geese for Signs of Fall

During the late summer, Canada Geese will practice flying in various directions in small groups with their young in a short "V" formation. Soon, they join bigger groups and begin to fly south for the winter.

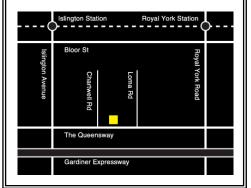
The spectacle of long, honking, "V" formations across autumn skies is thrilling. It is one of the most dramatic portents of the change of seasons in Canada. The "V" helps the geese save energy. It produces a "drafting" effect, whereby the follower goose, benefits from the air currents passing the leader, and can use less energy flying. The lead goose will retain his position for just a short time and then you can see them switch leaders.

Check Your English Listening Skills:

YouTube Canada Goose Mini-Documentary -1:17 https://www.youtube.com/watch?v=OQFAtjvDmM0

There is good food. There is great food. There is even spectacular food. And then there is food that transcends one's very notion of taste.

860 The Queensway, Etobicoke, Ontario M8Z 1N7 http://www.sushikaji.com



Monday October 13th is Thanksgiving Day

Almost all businesses and schools will be closed on this day, so it is a long weekend. Most Canadians spend some of the weekend with family, enjoying a large meal that usually features a turkey and/or pumpkin. It is a time to reflect back on the things in our lives for which we are grateful.



Happy Thanksgiving

Friday October 31st is Hallowe'en



Your children will want to dress up on this day to be part of the Hallowe'en festivities at their school. Some businesses also allow employees to dress up. Everyone puts a Jack o'lantern at their door. In the evening, children go from door to door in their neighborhood with an adult to collect candy and shout,

"Trick or Treat!" Hallowe'en is an ancient (3,000 year old) Celtic (early Britain) celebration of summers' end. The Celts believed that dead spirits came back to earth at this time and they dressed up to frighten bad spirits away.

Time for Your 'Flu' Shot

Influenza, or "the flu," can be a serious illness. It is caused by a virus. Immunization helps your immunities against the flu making it stronger and ready to fight off the flu. Pharmacists give flu shots to Ontarians five vears and older. Visit your doctor or a health flu clinic for children less than five years old. Enter your postal code at this address to find a free flu clinic near you: お近くの無料のインフルエ ンザの診療所を検索し:

http://www.health.gov.on.ca/en/p ublic/programs/publichealth/flu/

